

West Haven Library • May & June 2018



Adult Events @ Main

300 Elm Street • 203-937-4233



A Perky Pairing

Coffee and Fine Chocolates

Registration Required • Sacco Room

Monday, June 18 • 6:30-7:30

Chocolatier Kim Larkin will discuss the interesting history, benefits, and pioneers in the coffee business. Expect a trivia quiz, poetry, best brewing/roasting methods, along with chocolate and coffee samplings!



Nature Rocks in the Animal Kingdom!

Live Animal Demonstration • Sacco Room

Registration Required

Friday, June 22

2:00-3:00

Be amazed with a unique group of rescued and adopted animals, representing diverse habitats from around the world.



ANIMAL EMBASSY LLC

Financial Seminars

Registration Required • Sacco Room

Monday, May 7 • 6:00-7:30

Monday, June 11 • 6:00-7:30

Dianne Milano will be presenting the topics of budgeting, debt and investments. Same content for both days.

Adult Craft

Water Marble Mugs • Sacco Room

Registration Required • Tuesday, June 19 • 1:00-2:00



SBA Workshop Series

Registration Preferred • Sacco Room

Thursday, May 3 • 5:30-7:30

Session 3/5: How to Finance Your Business

Thursday, May 17 • 6:00-8:00

Session 4/5: How to Market Your Business

Thursday, May 31 • 5:30-7:30

Session 5/5: Contracting 101

Seminars for small business owners and entrepreneurs.

Health and Beauty

Registration Required • Sacco Room

Thursday, May 14 • 6:30-7:30

Thursday, June 4 • 6:30-7:30

Join local Rameika Bentley for health & beauty tips.

Tech Help • Reference Room

Call for Appointment ext. 4512

Mondays & Wednesdays • 12:00-2:00

Sign up for an appointment with the librarian to learn computer basics or get answers to tech. questions.

Adults take on the Summer Challenge!

Registration Required

June 1-August 31

Borrow 100 of ANY type of item!

Win Prizes!

Only in the Adult Department!



Cookbook Club

Registration Required • Sacco Room

Saturday, May 26 • 2:30-4:30 • Mediterranean Cooking

Saturday, June 23 • 2:30-4:30 • Crockpot Recipes

Bring a dish to share!

Adult Yoga

Registration Required • Sacco Room

Saturday, May 19 & June 16 • 11:30-12:30

Taught by certified yoga instructor Norma Olvera.

Bring your own mat. No perfume please!

Adult Game Night

Ages 18+ • Registration Preferred • Sacco Room

Thursday, May 10 & June 14 • 5:30-7:30

Snack, socialize, network, and play games and puzzles with other adults. **Drop-Ins Welcome!**

The Poetry Lounge

Ages 18+ • Registration Preferred • Sacco Room

Thursday, May 24 • 6:30-8:00

Meet up with other poets, listen to poetry and relax.

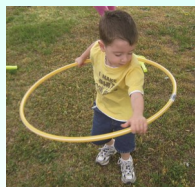
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@ OM Ora Mason Branch • 260 Benham Hill Rd • 203-933-9381

4th Annual Ice Cream Social @ OM

Thursday, June 21 • 2:00–4:00 • Rain or Shine!

Special Program at 2:00: Bring the Hoopla!



Healthy Cooking: Asian Cuisine

Demonstration • Registration Required

Wednesday, May 2 • 2:00–3:00

Shop Rite dietician Courtney Huggins will show how to create deliciously healthy Asian-inspired food.

Participants help cook and sample the results.

NEW SIGN AT ORA MASON!



Tech Help

Tuesdays • 1:30–3:00 • **Call for Appointment**

Sign up for a half-hour appointment with the librarian to learn computer basics or get answers to tech questions.

Monthly Arts & Crafts for Adults

Registration Required • 6:00–7:30

Thursday, May 24 • Faux “Tin” Tile Art

Thursday, June 7 • Alcohol Ink Pendants

@ LP Louis Piantino Branch • 1 Forest Rd • 203-933-9335

Weekend Wellness

Ages 18+ • Registration Required • 12:30–1:30

May 25: Physical wellness

June 22: Mental wellness

A variety of programs to develop social, physical, nutritional, financial, mental and spiritual wellness. Presented by Rite Aid Wellness Ambassador Marjorie Catnott.



Book Discussion Group

Ages 18+ • Monday • 2:00–3:00

May 21 • *The Book Thief* (2006) by Markus Zusak

June 23 • *An Unsuitable Job for a Woman* (2001) by P.D. James

Cool Craft Projects • Registration Required

Wednesdays • 11:30–1:00

May 15 • Greeting Cards

June 13 • Sand Art

Coloring & Coffee

Ages 18+ • Mondays • 12:00–1:30

Spark creativity and reconnect with the inner child.

Yoga for Peace • Registration Required

Ages 18+ • Mondays • 5:00–6:00

May 14 • June 11 & 25

Bring your Yoga mat for a FREE and gentle beginner's practice with Vern as she focuses on stress relief, inner peace, better flexibility, posture and more!

Tech Help • Appointment Only

Not available for the dates of June 20–July 14

Ages 18+ • Tuesdays & Thursdays • 11:00–2:00

Computer skill-building for adults: Keyboard, mouse, online job searching, JobNow, resumes, Microsoft Word or other tech questions you may have. Basic Q & A