

West Haven Library • May/June 2019



Adult Events @ Main

300 Elm Street • 203-937-4233



What's Hot or Not at Auctions

Sacco Room • Registration Required

Thursday, May 2 • 11am-4pm

Jenny Pitman from Rago Auctions will give a short presentation on antiques and their markets. From 12:00 to 4:00pm she will meet one-on-one for 15-minute time slots. No quotes are given on that day, but a callback will be done shortly.

Bring the item or a photo.

Couponsing with Missie, the "Crazy Coupon Chick"

Sacco Room • Registration Required

Saturday, June 8 • 10am-12:30pm

Learn how to save money by using coupons! Missie's book, *Couponsing Guide 101*, will be available to purchase during the program.

Healthy Cooking Demonstration

Registration Required • Sacco Room

Monday, June 3 • 5:30-6:30pm

Dietitian Courtney Huggins will teach and demonstrate how to cook a healthy meal on a budget! Participants will help cook and sample the results.

Tech Help • Reference Room

Call for Appointment:

Mondays & Wednesdays • 3-4pm

Reference Department. ext. 3

Sign up for a half-hour appointment to get one-on-one help with computer basics and tech questions.

Adult Yoga

Registration Recommended • Sacco Room

Saturday, May 18 • 12:30-1:30pm

Saturday, June 15 • 12:30-1:30pm

Gain flexibility and peace of mind with gentle yoga taught by Michelle Morgan.

Medicare Seminar

Registration Recommended • Sacco Room

Monday, May 20 • 6-7:00pm

Monday, June 10 • 6-7:00pm

Monday, June 24 • 6-7:00pm

Kathleen Callister and Margie Ford teach how Medicare works and what options are available to you.

HUD Homebuyer's Seminar

Registration Recommended • Sacco Room

Thursday, May 30 • 5:30-6:30 pm

Thursday, June 27 • 6-7:00pm

Learn the ins and outs of buying a HUD home. Housing rights, loans, home buying programs & more! Presented by Coldwell Banker.

Cross Stitch Class

Sacco Room

Thursdays, May 2, 9, 16 & 23 • 6-7:30pm

Thursdays, June 6, 13, & 20 • 6-7:30pm

Experienced and beginner crafters are welcome at these counted cross stitch classes.

Adult Craft - Picture Frame

Registration Required by June 1

Sacco Room

Tuesday, June 4

1:00-2:30 pm

Join us in decorating a 4x6 frame!

All materials supplied by the library.



West Haven Library • May/June 2019

@ OM Ora Mason Branch • 260 Benham Hill Rd • 203-933-9381

Tech Help

Tuesdays • 1:30–3:00 • **Call for Appointment**

Book Club

Wednesday, May 8 • 1:00pm • *The Other Woman*
by Daniel Silva

Wednesday, June 12 • 1:00pm • *The Light We Lost*
by Jill Santopolo

Enjoy great books and conversation. Call the library
for more information or for a copy of the book.

Healthy Cooking Demonstration

Registration Required

Wed. May 22 • 2pm • Deliciously Healthy Pasta

Wed. June 26 • 2pm • Summer Flavors

Presented by Shop Rite dietitian Courtney Huggins.
Participants will help cook and sample the results.

Arts & Crafts for Adults

Registration Required

Thursday, June 27 • 6:00pm

Mini Summer Wreath with Cupcake Liners.

The Library at Your Fingertips:

Thursday, May 9 • 3:00pm

Registration Req.

Free eBooks, Audiobooks, Magazines, Movies, TV
shows & Music. Learn how to access great
entertainment anytime with your library card!

Resume Review

Registration Required

Thursdays, May 9 & 16
6:00pm

Get tips and advice from
Human Resources Expert
Patty Bossler. Create a
resume that makes you stand
out. Come to one or both
sessions.

Learn to Crochet (for Beginners)

Registration Required

Thursday, June 6 • 6:00pm

Needles and yarn are provided for instruction and
practice.



@ LP Louis Piantino Branch 1 Forest Rd • 203-933-9335

Legal Reference Help • Registration Required

Wednesdays • 11-1:00pm

May 1, 15 & 29 • June 5 & 19

Legal information for the public.

Healthy Foods • Registration Required

Ages 55+ • Monday, May 13 • 1pm

Registered Dietitian Courtney Huggins teaches
dietary tips that can help maintain good health into
the golden years.

Book Discussion Group

2:00–3:00pm

Monday, May 20 • *The Five People You Meet in Heaven*
(2003) by Mitch Albom

Monday, June 24 • *The Rosie Project* (Don Tillman #1)
by Graeme Simsion.

Tech Help • Appointment Only

Tuesdays & Thursdays • 11:00–2:00pm

Basic and skill-building computer help for adults.

The Place to Calm

Mondays • 7:00–7:45pm

Release stress and experience a soulful inner peace
with Glennish, a local herbal enthusiast, and owner
of health store Herbs N Stuff. No registration
required, just calm.

USAlliance FCU Financial Literacy Boosts

Registration Required

Wednesdays • 11:00am

May 8 • General banking & May 22 • Retirement

June 12 • Financial wellness & June 26 • Identity Theft

Cut the Cord • Registration Required

Monday, June 3 • 1:00pm

Learn how to stop paying for cable without ditching
your television!

Library @ your Fingertips • Registration Req.

Monday, May 6 • 1pm

Your library card accesses: e-books, audiobooks,
magazines, comics, movies, TV shows & music. Free!

westhavenlibrary.org